

ANSHU MALIK

PERSONALDETAILS

Father'sName : Sh.OmParkash Malick
DateofBirth : 10-12-1975
MaritalStatus : Married
Language known : English,Hindi&Punjabi
Nationality : Indian

CAREEROBJECTIVE

- Seeking a position to utilize my skills and ability in the related areas that offers professional growth while being resourceful, innovative and flexible.

KEYSKILLS

- Being a part of the Organizing team during the **Para shooting World Cup** held at Karni Singh shooting range New Delhi March 2024 was great experience.
- While dealing with **Para Athletes(archery)** before going for **Fazza cup championship** I was the one to conduct the counseling sessions.
- During transition from Manpower to indegene,I was one of the selected candidate for further process.
- I Achieved Silver Award for Best Performance in Indegene.
- Due to my Hard Work and Intelligence.I was there in the company for about 5 years.

PERSONALEXPERIENCE

Currently working with **Sports Authority Of India Dr. KSSR Shooting Range** New Delhi since 2019 as Sports Nutritionist till date. Covered Combat and Non- Combat sports such as: **Boxing, wrestling, kabaddi, Cycling, Gymnastics, Archery, Athletics, Hockey, Shooting.**

- Did free lancing as Clinical Nutritionist and Diabetic Educator in Landmark Hospital and Omni Multi Speciality Clinic for 8 months (Jan2019toAug2019).
- Worked with Health Care atHome Pvt.Ltd.as clinical Nutritionist since March 2018 to December, 2018 (ABBOTT).
- Worked as Free Lancer Nutritionist since July,2017to February,2018
- Worked with ONE MED CREW Pvt.Ltd. Senior Nutritionist and Diabetic Educator since June 2016 to June 2017.
- Worked with Indegene Pvt.Ltd.Banglore as Senior Patient care advisor since June 2011 till May 2016 (Novartis).

- Worked with Manpower Pvt.Ltd.as a counselor for 1year (Novartis)
- Worked as diabetic educator with pharmexx India Pvt.Ltd., for 2year(Johnson & Johnson)
- Worked as Junior Dietician for above 6year in GMCH Sector-32,Chandigarh
- Worked as Free Lancer with Indus Hospital Mohali for 2 years.
- Worked as dietician in cheema medical complex, Mohali.
- Worked as dietician cum-counselor in personal point for 7 months and achieved good result through counseling.
- Six months training M.L.Civil Hospital at Yamuna Nagar, Haryana as Pharmacist.
- Six weeks inter-ship in the department of dietetics from Govt. Medical College and Hospital, Sector-32, Chandigarh
- Six weeks inter-ship in the department of dietetics from All India Institute of Medical Science, New Delhi

EDUCATION

- 1998-99 M.Sc Home Science (Food & Nutrition) from Kurukshetra University, (Haryana) with first division with specialization.
- 1995-97 B.Sc Home Science from Maharishi Dayanand University Rohtak (Haryana) in the year, 1997 with first division.
- 1994-95 Diploma in pharmacy from Haryana State Board of Technical Education with second division.
- 1991 Metric from CBSE Board with first division.
- 2001-02 Medical transcription course from C.R.R.I.D. Chandigarh.
- 2005 IELTS Exam qualified scoring 6.5 Bands
- 2008 Diabetic Educator course from Johnson & Johnson Mumbai.
- 2015 Certified Insulin Pump Trainer from MEDTRONICS India Pvt. Ltd., Gurgaon.

COMPUTER SKILLS

- Excel, PowerPoint, MS Word application and Internet Operations.

EDUCATION CREDENTIALS AND CERTIFICATIONS

- Life-long membership of Indian Dietetic Association.
- Attended conference of C.M.E. Diet Management in Medicine in year-2000.
- Attended conference of Food Craft Institute on Nutritive value of various food products with specialization on Soya.
- Attended Conference of C.M.E. Diet Management in Pediatric Nutrition in year 2001.

- Attended Conference of C.M.E. Diet Management in Surgical Nutrition in year 2002.
- Attended Symposium on sports performance & nutrition conducted by Indian Dietetic association, Chandigarh chapter in year 2005.
- Attended Esicon Conference at PGIMER in 2014.
- Attended Marathon to Support a Social Cause at PGIMER in 2012 & 2013.

ACHIEVEMENTS

- Participated in Yoga at National Level from year 1986 to 1992.
- B-1 grade in field of yoga from Haryana Sports Department.
- Represented Chandigarh State Yoga Coach- cum-Manager at National Level in year 1999 and 2000.
- Organized Camps & Activities at State Level.
- Organized Dance Performance of TIDM Children at ESCION-2014.

HOBBIES

- Listening Music, Reading Books
- Event Organizer
- Cooking Food

STRENGTH

- Positive Attitude
- Believe in relationship building and Team work
- Good Team Coordination
- Cooperative and proactive

DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

Date:-

28/05/2024

Place:-

Panchkula

(AnshuMalik)