

Dr. Sonika Bhandari

She is a dental surgeon, a gold medallist in management from University Business School Panjab University, Chandigarh and has done her PhD in Management from Chitkara University in the field of Telemedicine adoption. She is currently serving as Professor and Dean of Chitkara School of Health Sciences, Chitkara University Punjab. She has over 20 years of experience in healthcare industry having worked as a clinician, healthcare management professional as well as an academician and more than a decade of leadership and governance experience. Her areas of specialization include tele-medicine, Health IT, Healthcare management, Women health and empowerment, Health care Education, and curriculum design & pedagogy.

As the Dean of one of the most renowned healthcare schools in the region, she is spearheading learning and development, research and innovation as well as social outreach and extension activities of her department. Her expertise and passion lie in mentoring, training and nurturing future healthcare professionals. Having worked as a liaison with leading Hospital chains in India for over a decade, She is well versed with the challenges and the opportunities that the sector provides and has utilised that experience and knowledge in designing and executing counselling and training programs for students and young healthcare professionals. It has further strengthened her resolve to work towards training and education of future healthcare professionals and making them industry ready.

She has been associated with NGO's working in the area of preventive health as well as mother and child health. She has been organising regular health check camps as well as awareness campaigns to generate pro-active approach towards health in people. She has been working incessantly in the area of preventive health and education.

Her belief is that any change whatsoever in the society towards the goal of sustainability and inclusion, can materialise only when the intervention is made in the very beginning-through a robust and progressive education system.

Her Motto in life – **“Be the change you wish to see in the world”**.

"We but mirror the world. All the tendencies present in the outer world are to be found in the world of our body. If we could change ourselves, the tendencies in the world would also change. As a man changes his own nature, so does the attitude of the world change towards him. This is the divine mystery supreme. A wonderful thing it is and the source of our happiness. We need not wait to see what others do." - **Mahatma Gandhi**